Additional supports regarding participation in the First Nations Womxn's Yoga Initiative (FNWYI) cohort.

Supports available for Cohort Participants

- Speaking with our FNWYI project team for any emotional support and referring to other providers.
- Hannah Watler, Kwakwaka'wakw Clinical Hub COunselloer, First Nations Health Authority (Hannah.watler@fnha.ca)
- First Nations Health Authority list of approved clinical counsellors
    - https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf
- Tsow-Tun-Le-Lum Healing Society support line 1 888 403 3123
- The KUU-US Crisis Line Society operates a 24-hour provincial aboriginal crisis line for Adults/Elders (250-723-4050), Child/Youth (250-723-2040), Toll Free Line (18005888717).

Questions If you have questions or need more information about the project, please contact me at:

Phone: 250.974.3884
Email: Jessicabarudin@gmail.com
PO Box 209 – 80 Orca Way
Alert Bay, BC, Canada

If you have concerns or questions about your rights as a participant or about the way the interview is conducted, please contact my coursework supervisor:

Dr. Elizabeth Fast
Telephone: (514) 848-2424 ext. 3238
E-mail: elizabeth.fast@concordia.ca

Gilakas'la

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