



## Yoga Outreach Core Training™ Facilitator

### Job Description

The primary responsibility of the Yoga Outreach Core Training™ Facilitator is to provide training facilitation as well as support screening of prospective volunteers. The Facilitator will also support mentorship of all Yoga Outreach teachers as necessary. The position works closely with the Director of Programs, the Director of Teacher Training and Mentorship and the Volunteer Coordinator. There may be some opportunities for developing and undertaking projects independently.

### Responsibilities

#### Training Facilitation

- Training facilitation via zoom (in-person when able).
- Securing credentials as necessary.
- Able to provide strengths-based feedback to teachers learning how to teach trauma-informed yoga.
- An understanding of anti-oppressive practice with an emphasis on social justice issues.
- Strong people skills.

### Requirements

- Demonstrated facilitation skills.
- Ability to follow existing curriculum.
- Minimum 3 years teaching yoga.
- Background in trauma-informed practice.
- Experience working with clients/students in at least two of the following areas:
  - Mental Health
  - Addictions
  - Women who've experienced violence
  - People impacted by trauma
  - Incarceration
  - Youth

As an organization, Yoga Outreach is dedicated to building an organization that reflects the diversity of our membership and the communities we serve. This includes diversity in languages spoken, culture, race, sexual orientation and gender identity. We especially welcome applications from members of racialized groups, Indigenous persons, persons with disabilities, persons of minority sexual orientations and gender identities, and others with the skills and knowledge to productively engage with diverse communities. We encourage applicants from these and other diverse backgrounds to self-identify in their applications.

Wage is \$35/hour. This is a contract position and the number of trainings led each year will vary.

To apply please send a resumé and cover letter to Delanie Dyck, Executive Director at [delanie@yogaoutreach.com](mailto:delanie@yogaoutreach.com). Position will remain open until the right candidate is found.